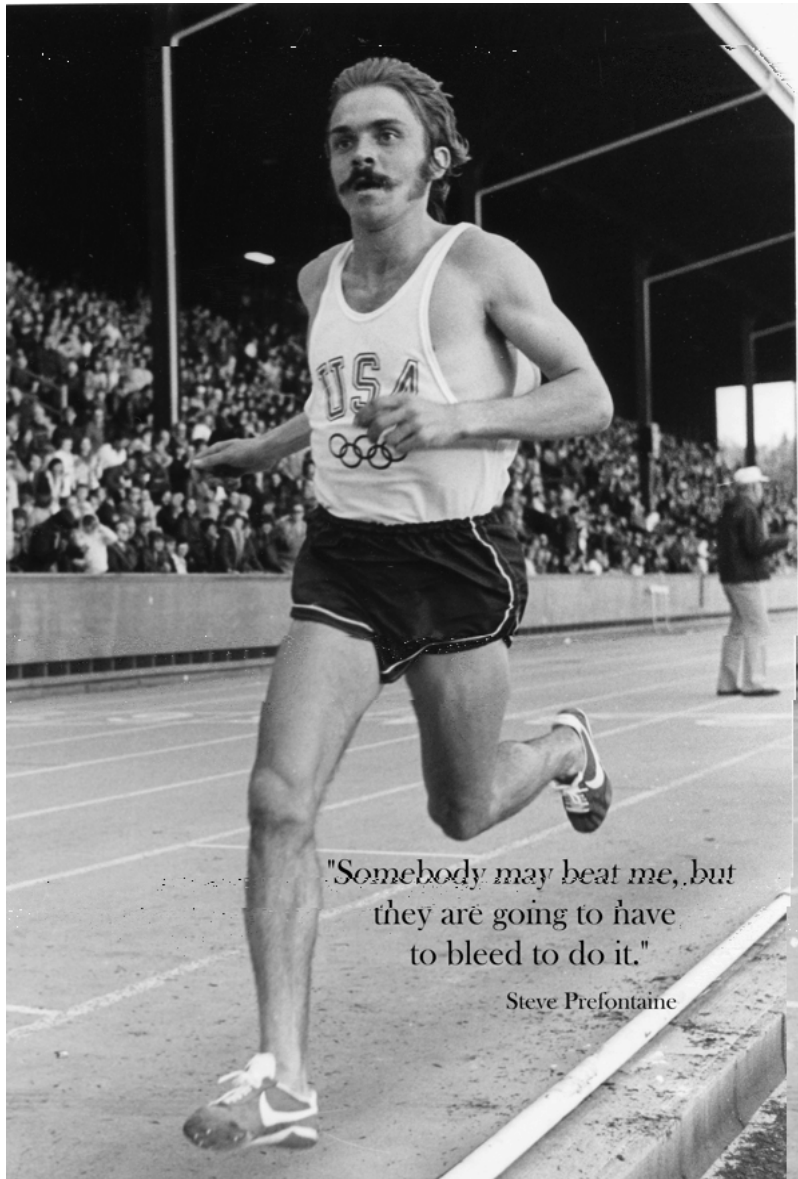


# Quote of the Week:

*Success is so much about Attitude.*

Jimmy Dunne



## Question of the Week?

**What makes you think you have the Success Attitude?**

## **ATTITUDE:**

**YOU CAN DO EVERYTHING RIGHT AND STILL NOT SUCCEED IF YOU HAVE THE WRONG MENTAL ATTITUDE;**

**YOU CAN DO EVERYTHING WRONG AND STILL SUCCEED IF YOU HAVE THE RIGHT MENTAL ATTITUDE.**

Napoleon Hill, success training's number one coach, stated, "A positive mental attitude is the single most important principle of the science of success." It all begins with attitude and an expectation. Attitudes reflect your general disposition toward your present activity. Attitudes result in feelings and emotions which direct our performance. Attitudes reflect character.

You can absolutely prevent failure by changing your attitude. Changing your attitudes will change your life. No matter what the odds are, you can attain success. People do it everyday.

At the conclusion of this Seminar, a tremendous fire will ignite inside you and you will get really fired up. Application of the Total BFS Program will result in immediate success. After this Seminar, when you apply the principles learned, you will become an unstoppable force. It will become immanently evident that the sky's the limit.

When you have a dream,

Let nothing dim it.

Keep hoping, keep striving,

The Sky's the Limit!

Elevens have great attitudes. They know that in developing the right mental attitude ever increasing amounts of success will be theirs. Dell Hessel in his book *Spirit of Champions* states, "Changing your attitudes will change your life. You can absolutely prevent failure" by exhibiting the right mental attitude. Hessel continues:

"A development of attitudes is a development of habits which leads to success. Proper habits are checkpoints for attitudes. By developing proper habits, you develop the end result long before the contest begins."

Training hard consistently, eating like a Tiger, stretching twice everyday, never missing a workout, getting plenty of rest, being a coachable athlete, motivating your teammates, keeping your eyes on the prize, all guarantee you a high performance level before the game begins. You control the circumstances by controlling your attitudes. Pride is attitude, tradition is attitude, courage is attitude, enthusiasm is attitude, effort is attitude. Teams that win, and win, and win again are teams that show a high level of pride, tradition, effort, spirit, and enthusiasm. People have spirit; schools have spirit, communities have spirit.

More than anything else attitudes stem from our thoughts. We are in complete control of our thoughts. Rather than think sad thoughts, think glad thoughts. As the old commercial says, "Don't get mad; Get Glad."

To elevate your attitude remember the following points:

1. Always be positive. Think positive and positive things will happen to you. Positive anything is better than a negative nothing. You can absolutely assure yourself of positive results by refusing to allow negative thoughts to surface into action.
2. Do not allow yourself (and your teammates) to be anything less than you are truly capable of being.
3. You can guarantee yourself an ever increasing number of victories by consistently exhibiting an aggressive, positive attitude in all that you do.
4. Associate only with winners and only those people who have the same high standards as you.
5. Read about successful people daily. When you set aside 20 minutes a day for reading, at the end of the year you will have read 20/200 pages books. At the end of five years you will have read over 100 books. If your reading is about something that really interests you, you will become an expert in that field. Experts get promoted and paid higher salaries. Remember, the person who knows how to read and doesn't, isn't any better off than the person who doesn't know how to read.