

Munciana

VOLLEYBALL

2017 Summer Skills Camps

VolleyTots

FUNdamentals

Hand-eye development with ball

Introduction to the sport of volleyball

Ages: 4 - 8 Boys & Girls

July 10th - July 13th

Time: 2:30pm - 3:30pm Cost: \$45

MiniVB

FUNdamentals

Lower net and small court

Foot work & agility

Ages: 8 - 12 Boys & Girls

July 10th - July 13th

Time: 3:30pm - 5pm Cost: \$65

Ball Control

Platform Training

Serve Receive

Passing and Digging

Ages: 12 - 18 Boys & Girls

July 10th - July 11th

Time: 9am - 2pm Cost \$85

Setting

Hand Positioning

Set Location

Back Setting

Ages: 12 - 18 Boys & Girls

July 12th - 13th

Time: 9am - 2pm Cost \$85



Serving

Serving Location

Float Serve, and Jump Serve

Tactical Strategies

Ages: 12 - 18 Boys & Girls

July 21st

Time: 9am - 2pm Cost: \$45

Defensive Dandies

Fundamentals of Defense

Defensive Pursuit

Ages: 12 - 18 Boys & Girls

July 14th - July 15th

Time: 9am - 2pm Cost: \$85

Attacking

Fundamentals of Attacking

Approach Work

Hand Contact

Ages: 12 - 18 Boys & Girls

July 12th - 13th

Time: 9am - 2pm Cost: \$85

Middle School Back to School Boot Camp

Fundamental Skill Development

Grades: 6th - 8th

July 28th - 29th

Time: 9am - 2pm Cost: \$85



**REGISTER
TODAY!**

online at
www.munciana.com

Munciana Volleyball
Athletic Excellence. Lifetime Experience.

Contact us: phil@munciana.com
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